

NOTICE REGARDING WELLNESS PROGRAM

PreventionFirst! is a voluntary wellness program available to all employees and spouses who are enrolled in an SMSC medical insurance plan. The program is administered according to federal rules permitting employer-sponsored wellness programs that seek to improve employee health or prevent disease, including the Americans with Disabilities Act of 1990, the Genetic Information Nondiscrimination Act of 2008, and the Health Insurance Portability and Accountability Act, as applicable, among others. If you choose to participate in the PreventionFirst! wellness program, you will be asked to complete a voluntary measurement of your Body Mass Index ("BMI Screening"). You are not required to complete the BMI Screening or any medical examination.

However, employees and/or spouses who choose to participate in the PreventionFirst! wellness program will receive an incentive of various monetary reimbursements for engaging in and successfully reaching specifically-defined requirements within the PreventionFirst! Program. Although you are not required to complete the BMI Screening, only employees who do so will be eligible to receive the monetary reimbursements provided under the PreventionFirst! Program.

Additional incentives of up to \$300.00 may be available for employees who are eligible to participate in certain health-related activities (e.g., Chronic Care Classes) or achieve certain health outcomes noted within the current program.

If you are unable to participate in any of the health-related activities or achieve any of the health outcomes required to earn an incentive, you may be entitled to a reasonable accommodation or an alternative standard. You may request a reasonable accommodation or an alternative standard by contacting Joanna Bryant, Wellness Administrator, at 952.233.2961.

The results from your BMI Screening will be used to provide you with information to help you understand your current health and potential risks, and may also be used to offer you other services through the wellness program, such as referrals for other SMSC wellness initiatives. You are also encouraged to share your results or concerns with your own doctor.

PROTECTIONS FROM DISCLOSURE OF MEDICAL INFORMATION

We are required by law to maintain the privacy and security of your personally identifiable health information. Although the wellness program and your employer (SMSC) may use aggregate information it collects to design a program based on identified health risks in the workplace, the wellness program will never disclose any of your personal information either publicly or to the employer, except as necessary to respond to a request from you for a reasonable accommodation needed to participate in the wellness program, or as expressly permitted by law. Medical information that personally identifies you that is provided in connection with the wellness program will not be provided to your supervisors or managers and may never be used to make decisions regarding your employment.

Your health information will not be sold, exchanged, transferred, or otherwise disclosed except to the extent permitted by law to carry out specific activities related to the wellness program, and you will not

be asked or required to waive the confidentiality of your health information as a condition of participating in the wellness program or receiving an incentive. Anyone who receives your information for purposes of providing you services as part of the wellness program will abide by the same confidentiality requirements. The only individual(s) who will receive your personally identifiable health information is a Wellness Program Administration Staff Member in order to provide you with services under the wellness program.

In addition, all medical information obtained through the wellness program will be maintained separate from your personnel records, information stored electronically will be encrypted, and no information you provide as part of the wellness program will be used in making any employment decision. Appropriate precautions will be taken to avoid any data breach, and in the event a data breach occurs involving information you provide in connection with the wellness program, we will notify you immediately.

You may not be discriminated against in employment because of the medical information you provide as part of participating in the wellness program, nor may you be subjected to retaliation if you choose not to participate. If you have questions or concerns regarding this notice, or about protections against discrimination and retaliation, please contact Joanna Bryant, Wellness Administrator, at 952.233.2961.

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